



Therasiaresort

sea & spa ★★★★★

CONCIERGE HANDBOOK



LIFE AT THE THERASIA RESORT SEA & SPA

A luxurious and timeless location, a relaxing heaven in total symbiosis with nature. Gently caressed by the blue sky and turquoise hues of the sea, the building tells the story of the island through its lava stone, Sicilian cotto tiles, cedar wood and the pale color of the ceramics. The unspoiled nature penetrates every corner of the resort: the windows are elegant canvases that capture the landscape, the details fusing with colors and smells of the Mediterranean scrub, arches and delicate lines adorning a succession of elegant parlors.

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RESTAURANTS

At Therasia Resort Sea & Spa, Sicilian Cuisine is reinterpreted with imagination, to offer its guests innovative, light and genuine dishes, regardless of the restaurant you choose since they are all great

Arcipelago Restaurant-Steak house:

A large terrace on the Faraglioni of Lipari, it is the perfect synthesis of tradition and simplicity



Il Cappero Gourmet Restaurant:

Our Michelin starred restaurant whose gourmet cuisine is the result of innovation and reinterpretation of typical Sicilian dishes



Grusoni Restaurant:

Casual and informal style restaurant with a breathtaking view on the infinity pool and the Faraglioni of Lipari. It offers traditional Mediterranean cuisine, fresh grilled fish and the chance to taste a fantastic pizza



Vegetarian Restaurant:

Our new opening, will be using the simplicity and freshness of our home-grown products to make your dinner absolutely delicious



COCKTAIL BAR

Russuri:

Comfortable and charming, close to the beautiful infinity pool of the Resort, «Russuri» bar is an ideal place for a break, a quick snack or a drink at sunset. Russuri is a Sicilian word for mean sunset



Faraglioni:

Elegant colors, the long and gentle lines of the arches, the warmth of the light at sunset, this is «Faraglioni»; the exclusive lounge bar of Therasia Resort Sea & Spa. At dusk, comfortably sitting on the sofas on the terrace, while sipping a drink or a glass of wine, you can enjoy breath-taking views of the entire resort, accompanied by the rhythm of live music.

SPA & FITNESS



Spa

Vulcano Spa is our wellness center open everyday from 9 am to 9 pm with free entry. It offers wellness programs inspired by the typical Sicilian essences to give moments of relaxation for body and mind. The wellness programs include a heated swimming pool with hydromassage, Kneipp path, sauna, turkish bath, emotional showers and herbal teas.

Fitness:

The fitness lounge of Therasia Resort Sea & Spa was created with the aim of helping guests to regain the right balance with their body.

The state-of-the-art equipment and qualified personnel guide guests in a program focused on reaching small but important goals during their stay on the island.



POOLS

Charming Infinity Pool to relax indulging hydro energy,
surrounded by an inebriating scenario of palms, cannizi and wild flowers
in front of one of the most beautiful landscapes of Sicily





MINI POOL AND PRIVATE SEA ACCESS

The Therasia Resort Sea & Spa offers a heated pool, two swimming pools with sea water for those who love to smell the sea but prefer the comfort of a pool.

A private access on the rocks with sunbathing areas is offered to enjoy the nature of the island of Vulcano

SPECIAL MOMENTS

Therasia Resort Sea & Spa is the perfect location to celebrate a special moment in a natural setting that makes the atmosphere evocative and unforgettable.

Romantic Dinner

The perfect way to celebrate a special event in a suggestive and romantic setting. A 7-course tasting menu from our gourmet restaurant Il Cappero, an enogastronomic journey through Sicilian scents and flavor reinterpreted by our Chef.

Happy Sunset

Aperitif served during sunset that includes two drinks from our cocktail menu, a mix of appetizers and, later, cake and champagne.

Sunset Couple Massage

The perfect choice for those who want to combine beauty and relax.



HOW TO REACH US

Sea Ports

- Milazzo: Libertylines fast ferry www.libertylines.it (45min away journey) or Siremar Ferry boat www.carontetourist.it (1h30min)
- Messina: Libertylines fast ferry (1h30min journey)
- Palermo: Libertylines fast ferry (4 hours journey)
- Reggio Calabria: Libertylines fast ferry (2h30min hourney)
- Naples:Alilauro fast ferry www.alilauro.it (6 hours journey) or Siremar Ferry Boat (12 hours overnight journey)

Please note the car can only be taken on Vulcano Island in case of a minimum stay of 7 nights.

Main Airports

- Catania Fontanarossa, 80 miles away from Milazzo, 1h30 min journey by car; please contact the Resort in case you would like to get your private taxi or minibus booked
- Palermo Punta Raisi, 145 miles away from Milazzo, 2h15min journey by car; please contacr the Resort in case you would like to get your private taxi booked

Train Station

Milazzo, 6 miles away from the Port, 10 minues journey by taxi

Elicopter

It takes you directly to the Resort from the main locations; contact us for more details.

Complimentary shuttle bus from/to Vulcano Port

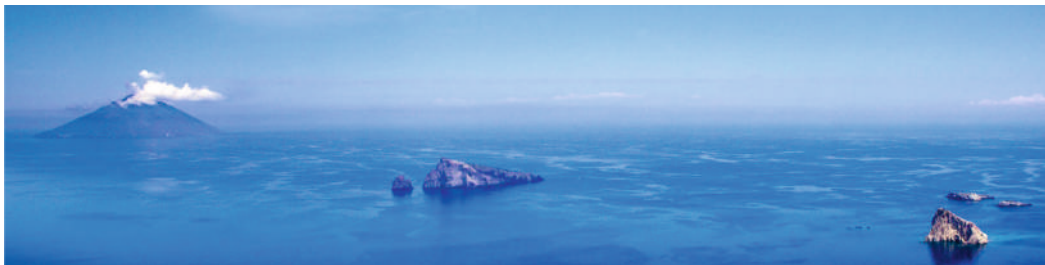
The Resort offers a free scheduled shuttle service from/to the Island city center which coincides with the port area and the main tourist attractions



AEOLIAN ISLANDS

WORLD HERITAGE PROPERTY

The Aeolian Islands have been included in the World Heritage List, the list of property recognized and declared by UNESCO as a World Heritage Property, due to their outstanding universal value and the existence of the conditions and guarantees of integrity conferred by legislation and tools of safeguard. Unique in their genre the Aeolians are the land of a beauty which goes back to an unmistakable wisdom of a population, who was capable to protect, without violent interventions, the nature's presents; a population, which transformed the foreign dominations during the centuries, into the heritage of a culture, favourable to integration, and not to the withdraw of its identity. The genesis of this paradise, of this Mediterranean Eden is the strongest echo of that mythology dealing with human's and divinities' events, once appeared in the history and the traditions thanks to a background made of crystalline waters, of sulphite, and of white mountains , which reflect the sun's light, the Apollo's beauty. The magic universe, which welcomes those who chose the evasion from urban stressing life. The Aeolians, the pride of a culture made of sea and earth , the story of mare nostrum showing imposing rare beauties, being similar in genre ma so unique and different for its peculiar seductive beauty, which attracts visitors from all over the world.



The earth of perfumes and good food, capable to satisfy the most exigent tastes, the earth which sweeps away the chaotic urban stress, and offers the full enjoyment of senses. Birdwatchers, too, will find that the Aeolians are a dream destination for their interests. During the hottest months, pelicans, red herons, grey parrots, wild geese, cormorants, flamingoes and quails make their transits in the skies above. This is also an ideal locality to watch for diverse species of falcon, such as the Mediterranean falcon and the cuckoo



VULCANO ISLAND

Vulcano, the ancient Hierà (the sacred), is the closest island to Sicily, it is a fascinating volcanic phenomena that has made itself a destination for the more adventurous tourists. For those who love taking photographs that will frame the memory of their vacation, or simply of stunning views, Capo Grillo offers the opportunity to enjoy the wider Vulcano landscape with the horizon that encloses all the Islands. The famous mud of Volcano, at the Port of Levante, is popular with tourists for the known healing properties for the skin, despite the strong smell of sulfur that at first glance might annoy. Before arriving to the main beach in Vulcano, near the stacks, we can witness a curious volcanic phenomenon: the gurgle of marine waters. Port of Ponente joins Port of Levante by a narrow strip of land, where the sea takes on a wonderful emerald, while the black beach owes its color to the volcanic ash. From there it is not far to reach Vulcanoello, a small crater formed around 180 BC, from which different eruptions have continued through the centuries. Having given birth to the Valley of Mostri, it is an area where the lava stones have assumed unusual and bizarre forms that appear to reproduce the shapes of animals and mysterious figures. In the southern part of the island you should not miss a dip in the waters of the beautiful beach of Asino.



LIPARI ISLAND

Lipari is the largest, most famous and lively island among the Eolians. The town of Lipari, set within the picturesque Marina Lunga and Marina Corta inlets, is divided into a high and a low part, with the powerful castle guarding it from its panoramic position. The high part still keeps ancient features, impregnable promontory with a relevant strategic value. The low part concentrates accommodation facilities, public places and shops: the most important street is Corso Vittorio Emanuele, entirely pedestrian area, which connects the two ports situated at the opposite sides of the town. The Castle of Lipari is easy to join by feet, thanks to the Meligunis' staircase, which from the port leads to Piazza Mazzini, ancient entrance of the citadel. The Eolian Archaeological Museum, also located in the inner part of the old Lipari's walls, gathers various evidences brought to the light by excavations in the ancient part of the town. It contains many pavillons, buildings and-both due to the number and the good state of conservation of the artifacts-one of the most important ones in Sicily.



SALINA ISLAND



At the centre of the Aeolian Islands, is second in size and number of inhabitants. Its almost rectangular form is due to the two lava cones that constitute it; both have been extinct for a long time. The lack of volcanic phenomenon, together with the abundance of fresh water, makes the island of Salina the greenest of the Aeolian archipelago. The island's name seems derived from a small coastal lake, located in the southern tip of the island, once used for its salt. While enjoying the enviable habitats, natural trails of the highest esteem, and a sea rich in fish, Salina enjoys a certain peace even during periods of maximum tourist inflow. It is good for those looking for sun, nature and relaxation.

PANAREA ISLAND



The smallest of the Aeolian Islands, is elegant and restless, beautiful by day, but incredibly alive at night, the place most preferred by the big names in fashion, from players and showgirls, to movie stars and music artists. Ditella, St. Peter and Drauto, the three centers of the island, are located on the east coast of Panarea. The most beautiful beaches are concentrated on this side. The evenings of Panarea are famous and sometimes the only reason why people prefer Panarea to the other islands. Hotel and club parties are organized in much selected locations, elegant but full of fun, so as to attract people from the other islands for the night. You can dance until dawn, when the sun's rays begin to play with the colors of the clear waters of Panarea.

STROMBOLI ISLAND

The island of Stromboli is characterized by an increased volcanic activity among the Aeolian Islands, giving visitors the chance to see spectacular eruptions throughout the year. The volcanic phenomenon, characterized by the launch of ash and lapilli, does not however, constitute a danger for those who are going to come to Stromboli: effusive eruptions in fact, are carried away by the so-called Sciara del Fuoco, keeping safe the buildings of the few inhabitants. Although the furthest away from Sicily, on the island of Stromboli, remnants have been found dating back to settlements of about 3000 years ago. Today the population has a very limited number of people, about 500, who live in small picturesque houses. Since 1997 the island has been under the protection of the Natural Reserve of Stromboli and Strombolicchio. The sea here in Stromboli has a dark, almost mysterious appearance, but the waters are crystal clear and refreshing. The black beaches become very hot during the hottest hours of the day.



FILICUDI ISLAND



Located in the west of the archipelago, is perhaps less well known than the other islands, but no less enchanting. Its name seems to derive from the abundant ferns once present on the island. Slightly oval in shape, it has only one true settlement, Filicudi Port: the rest of the island has maintained, due to the massive emigration of the fifties, the unspoiled look of the absence of man. In fact, even during the hottest periods of the year, Filicudi can boast of its calm and tranquility. Filicudi has a natural landscape that is still wild, observable thanks to the 22 trails that allow you to get around the island far and wide. One of these leads to the abandoned village of Zucco Grande: a surreal place, where nature dominates everything.

ALICUDI ISLAND

The smallest island of the Aeolian Islands and the most peripheral, located on the western side of the archipelago. Its location and the policies of the national government (Alicudi was the site of a maximum security garrison) coincided, leaving it virtually untouched, where nature lives in harmony with the very few people on the island. Since 1997, was set up the Regional Oriented Natural Reserve of Alicudi, which includes the whole island. Its shape is almost perfectly conical; the result of a volcano that had its origins more than 1000 meters below sea level, but it has been inactive for a long time.



EXPERIENCES

WALKING AROUND



Reaching the top of a volcano is definitely a unique experience. You can walk on different heights and through fragrant forests of caper flowers and brooms; you can walk among the white expanses of pumice and the black beauty of the obsidian while admiring small lapilli coming from the craters; you will also find lapilli among the vineyards that will give life to the Malvasia; You will walk through oleanders, myrtles, heathers and olive trees. But this can and will happen only in Sicily, in one of the most beautiful and unique archipelagos worldwide. Climbing to the two craters is an incredible experience. We recommend climbing Stromboli through the nera Sciara del Fuoco all the way to the “Pizzo”, which is 918 meters high, where you will clearly see lava explosions (one every five/six minutes); also we recommend climbing Vulcano that resembles Dante's Inferno, and discovering the sulfur gases emitted from the earth and the therapeutic muds, great for a warm relaxing bath.



EXCURSIONS



There are many exciting boat excursions to choose from while on the Aeolian Archipelago. We are glad to organize or suggest the perfect day trip on private or group boat from Vulcano.

Following a few suggested group excursions:

-Lipari/Salina, With the stunning view on Lipari Castle, Monterosa and Canneto, the sail proceed to the Cava di Pomice. After a break for a relaxing swim, the tour will reach the village of Acquacalda and then Salina, aka the green island. First stop on Santa Marina Salina, the biggest town on the island and then to Polara: the town has a lovely bay, where guests can enjoy a relaxing swim and it is also popular for being the location of the “Postman” movie. The fishermen's village of Lingua proposes several restaurants to enjoy delicious recipes, charming coves and the Lago Salato, which gave the name to the island. On our way back, we will visit the most beautiful grottos in Lipari and we will have a last swim on Vinci beach near the Faraglioni. The price is €30.00 per person

-Alicudi/Filicudi, Today we will reach Filicudi. Approaching the island, we will visit Bue Marino Grotto, where you will take an unforgettable swim. On the way back, we will sail through the Faraglioni: Motenassari, Gialfante and Canna which is a very particular volcanic rock of 85 meters high. Then, we proceed to the main island and we will visit the prehistoric village of Capo Graziano and the town. In the afternoon, we will leave to Alicudi; the small island is one of seven inhabited islands in the Aeolian Islands, with a wild and rugged charm. A walk along the mule track will take you back in the past. We highly recommend a swim.

The price is €45.00 per person



-Panarea/Stromboli, Heading to Stromboli. The sail proceed towards Calajunco in Panarea where we will take a bath and we'll enjoy this this wonderful place for 1 hour. Sailing the islets, we continue to Stromboli: once arrived, free time available for lunch, a walk and shopping. At the sunset, we will visit Strombolicchio, a huge rock overlooking the island and then the the Sciara, an amazing lava flows which end underwater, with a spectacular symphony of red lapilli.

Price per person €40.00

-Climbing the Crater of Stromboli, We will leave Volcano at noon as we cannot miss the climbing to the crater of Stromboli. First We will go to Panarea where we will visit the natural bay of Calajunco. According to the weather, we will stay in Cala Zimmari nearby for swim. Stroll in Panarea to enjoy its lovely lanes and shops. Leaving the island, we will to Scari harbour. After three hours of climbing, charmed by the wonderful views on the volcano, you will enjoy the extraordinary show of the explosions from the top. Back to the motorboat at the harbour.

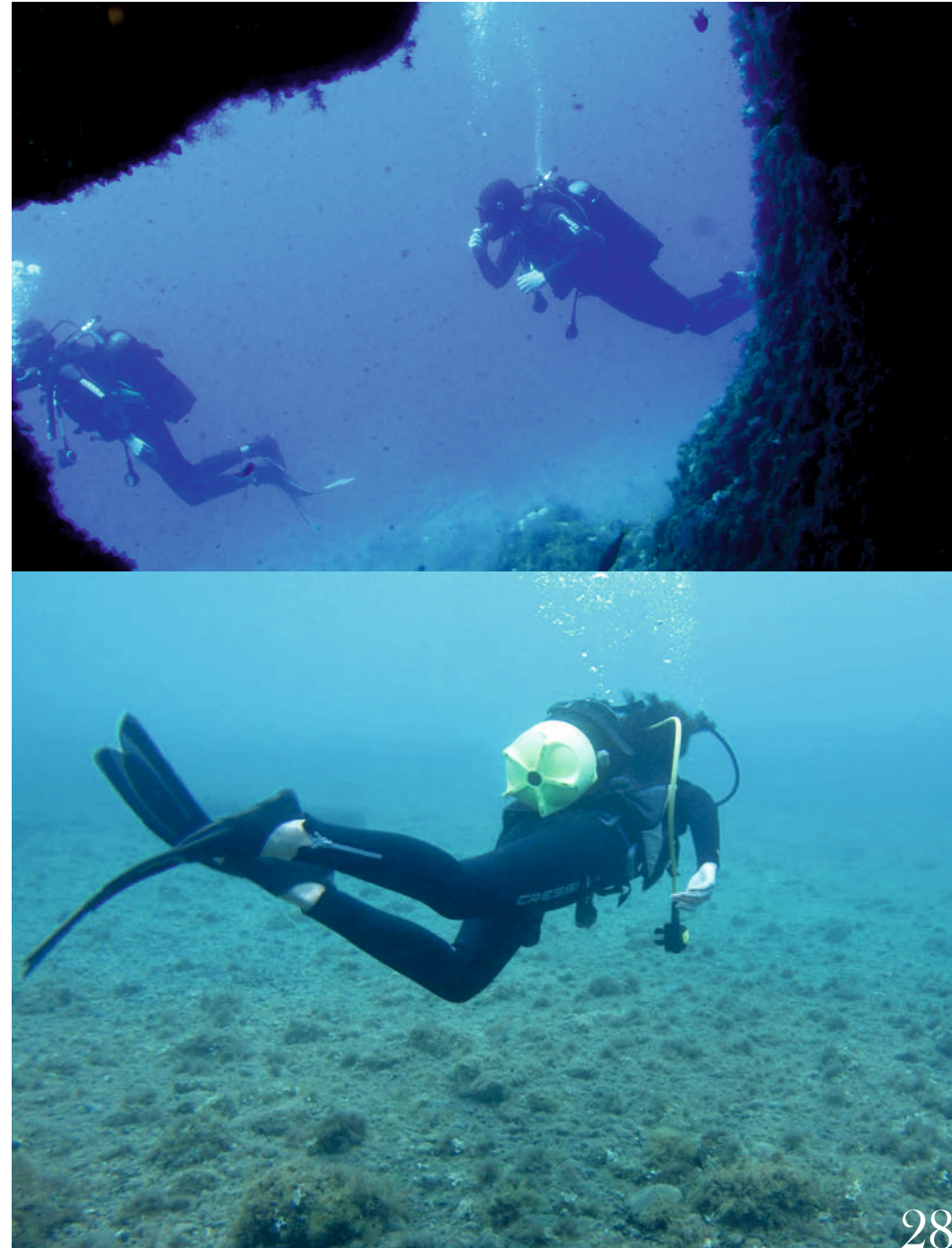
If you would like to get your private boat, please do not hesitate contacting the Resort for more details.

Please note the boat excursion are subjected to weather condition.



SCUBA DIVING

Cristalline waters filled with marine life and the many roman archeological exhibits scattered around the sea floor at diveable depth. Rich of contrasts..from the white pomice stones to the black vulcanic oxydian rocks and walls, the wild nature of the coast and the many historical attractions and remains of a past tormented by invasions and eruptions, earthquakes and pirates, the quiet atmosphere of the wilderness and the wonderful nights out caracherise this beautiful island...With increasing tourism, Lipari has evolved with great restaurants, hotels and backpacking rented rooms, pubs and discos available to the public, without however changing the tranquillity and staggering beauty of the place and of the local people. The island is a main attraction for divers from all over the world, offering extremely scenic dives both in natural and archeological terms. Numerous are the submerged rocks that extend above surface level, and the walls that loose themselves in the deep blue, which together allow for a variety of dives for all tastes and experience levels. The circumference of the island is barely 16 miles and our powerful boats and inflatables allow for easy and fast reach of all dive sites around the island. Its also possible to organize fulldays out at sea to the other 6 islands of the arcipelago, so to pass a great day visiting other locations and diving great sites. The Lipari Diving Centre is well known for its courtesy and professional attitudes. Instructors and guides work respecting marine life and customers abilities so to offer safe and unforgettable dives!!!



WINE TASTING



The wine that has firmly placed itself in the hearts and minds of wine lovers is the delicately sweet Passito wine made in the Malvasia delle Lipari appellation. This rare dessert wine is made by leaving ripe grapes on bamboo mats in the sun for nearly 2 weeks and allowing the sugars to concentrate before then pressing them and leaving them to slow ferment in casks. The result is an elixir sweet wine with just enough refreshing acidity, and typical flavors would include dried apricots, marmalade and dried figs. Production is small and the wine is highly prized. The most famed wine producer in the Aeolian Islands has to be Hauner (whose founder Carlo, now passed away, is credited with bringing this wine an almost cult status and who was actually from Brescia, land of Franciacorta) located on Salina's Island, The Cantina Lantieri on Vulcano's Island and the Tenuta Castellaro on Lipari's Island. Both of them organize wine tasting which has to be pre-booked; please contact the Therasia Resort for more details.

WHERE TO EAT

VULCANO



Trattoria Pina

located in front of an attractive, black lava pebble beach, the Trattoria has open views over the sea to the Sicilian mainland. The Trattoria itself is a walk back in time to another era when everything was much simpler than nowadays.

Il diavolo dei Polli

has everything you need for a relaxing dinner away from the touristic part of the Island. Dishes are inspired to old recipes and the owner itself keeps them the way they were when it first opened.

Maria Tindara

traditional typical antipasti, freshly made house-pasta, lamb and fish with a very friendly staff.

Trattoria Maurizio

Indian style restaurant fused with Sicilian, warm and welcoming Maurizio takes his customers through a journey of taste and entertainment.

Malvasia

a colourful terrace typical of Aeolian Islands. A do-not-miss is the Pane cunzato, a bread base with topping of all sorts also ideal for vegetarians and also the good selection of wines.

One of your best bets for a drink is Ritrovo Remigio, open daily until 2am. It offers terrace seating overlooking Porto di Levante, where the ferries and hydrofoils from the mainland come in. In addition to its soothing cocktails, it serves excellent pastries and gelato. The best nightlife is found at Cantine Stevenson the former wine cellars of James Stevenson and at the Castello's where vibrant music is played all night long. The Therasia Resort itself organises live music to chill out every night until midnight.

LIPARI & STROMBOLI

Il Filippino

located on the panoramic Piazza del Municipio in Lipari Town (near il Castello, a fortified citadel that houses several sites including the Aeolian Archaeological Museum), Filippino offers a rustic setting with a pleasant atmosphere. It perfectly interprets the excellence of the Aeolian flavour. This centenarian historic restaurant is nowadays modern and functional, it is composed of two rooms and a big air-conditioned terrace.

E Pulera

not away from Lipari town centre, located into a garden filled with Orange trees. Elaborated dishes in an elegant environment.

Kasbah

located in Lipari old town, near to the local movida.

Punta Lena

where you can find prepared a good salad with onion, tomato and capers picking them directly from the backyard, while fresh fishes are cooked with love and passion. Punta Lena Restaurant was born developing this idea, in a house eroded by the sea. Chef Stefano Oliva has been able to keep alive the memories of the past in his small kingdom. The name comes from Punta Lena, a plain between Stromboli and Ginostra, where vine, wheat and olives have been planted.



EVENTS

Our summer is full of events all over the Archipelago, following you will find a short list with the main attraction but there is much more to be discovered:

April: Sicily takes Easter very seriously, all over the Archipelago, in large towns and tiny villages alike, processions weave their way through narrow streets, central thoroughfares and piazzas until finally they arrive at the local parish church or Cathedral.

May: Lipari and Salina are reach in parties as The Workers Party and The Tavuliata of Saint Giuseppe

June: Vulcano opens the summer season with two Sagra: The Ginestra and the Caper

July: Theatres are filled with shows, numerous musical performances and parties all over the Archipelago. Stromboli in Feast, Honouring St. Vincent in Scari

August: There are day and night events all over the Archipelago. The “International Folklore Festival,” with artists from all over the world; the traditional Feast of St. Christopher in the coastal zone of Canneto; and the Feast of St. Bartholomew, is the most important in the entire island chain, with processions, market stands and fireworks. Also, the evocative boat parade, honouring San Gaetano amidst folksongs and light shows



September: Musical and cultural events on Lipari, Salina and Panarea's Island.

October: Salina's gastronomical party and the end of summer season party on Liparis Island.

MUSEUMS

Lipari

The Museum, consisting of six pavilions, that contain respectively: the Pre-historic Section, the Epigraphical Section, the Section of the Minor Islands, the Classical Section, the Vulcanological Section, the Section of Paleontology of the Quaternary, documents and illustrates, via the collections of finds on display, the human settlements and the development of the successive civilisations in the Aeolian Archipelago, from Pre-history to the thresholds of the Modern Age.

Salina

The Civic Museum is not constituted of only one building; it is about three different buildings; each of them keeping different aspects of the history of Salina. The finds dating back to the Bronze Age of Portella , and the ruins of the Roman thermae are situated in Archaeological Museum. The Ethno-Anthropological Museum is situated in the house dating back to the first half of the 19th century. In the rooms of this has a typical background of that period is re-created.

Vulcano INGV Visitors Centre

An educational tour through informative panels, natural rock samples and videos, to unveil the geologic history and the activities of Vulcano's and Stromboli's Volcano. The visit has to be booked in advance



CINEMA ON THE ISLANDS



In 1949 Roberto Rossellini shot “Stromboli Terra di Dio” (Stromboli, God's land), with a female character Ingrid Bergman. The film was very successful, also because of the media scandal due to the liaison between the director and the actress; for weeks the newspapers related upon them, creating in this way the myth of the Aeolians, calling them “Wild Isles”. Ingrid Bergman, Rossellini and Anna Magnani were the protagonists of the so-called “war of volcanoes”, the title which remained for weeks in the newspapers of the worlds. Magnani felt herself deeply hurt both sentimentally and professionally by her biggest love Roberto Rossellini, who gave the protagonist role to the beautiful Ingrid Bergmann in the film “Stromboli, God's land”, the role which seemed to be written properly for Magnani. Also important for the Archipelago is the fantastic house that served as the main setting in Michael Radford's film *Il Postino* or "The Postman," starring beloved late Italian actor Massimo Troisi.



Independently minded

Traveller

Made[®]

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